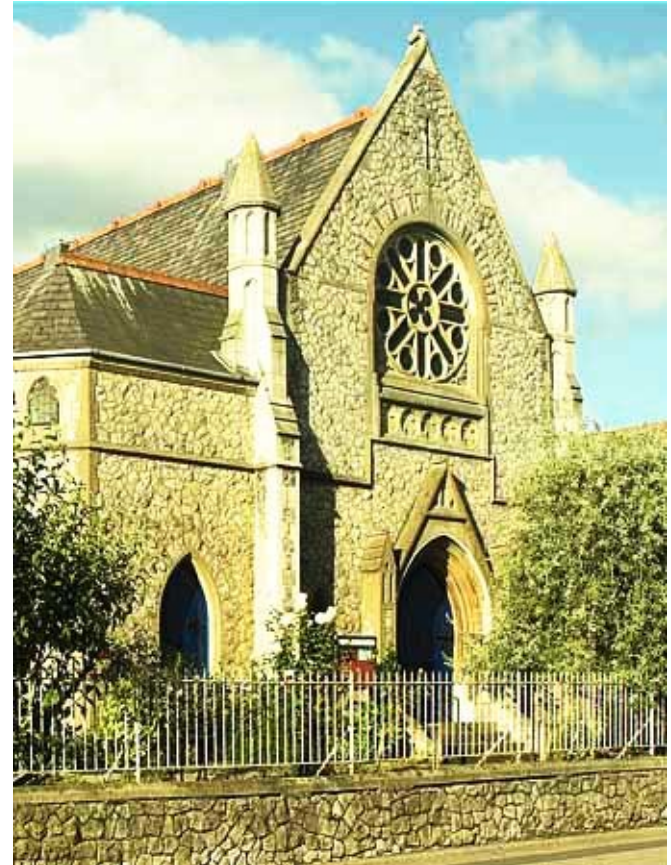


THE  
OUTLOOK

JUNE - AUGUST  
2020



Emmanuel Church Sidcup  
Methodist and United Reformed

## **Message from the Minister**

Dear Friends,

Words like unprecedented, extraordinary are being bandied around freely at the moment. 2020 has certainly turned out, so far, to be a year unlike any other. The global pandemic of Covid 19 has had, and is still having a dramatic effect on the lives of everyone. I find it hard to take on board the huge numbers of those who have died in the UK and around the world, it is all too easy to lose sight of the fact that it is the death of a fellow human being that lies at the heart of all the statistical information we are given. My heart goes out to all those who have been bereaved, and those recovering.

As I think about our current situation and reflect on what has happened two things strike me. Firstly I am reminded powerfully that we are so much more than our buildings, the church buildings maybe closed and we are not able to meet for worship together but we, the church, the people of God, are still praying, serving, worshipping and we are held together by the love and grace of God. There is, for me, a stronger sense of fellowship as we keep in touch with each other and continue to pray for each other.

Secondly, I think we now recognize and value more the amazing care structure we have, even though it is flawed. All the NHS staff, not just doctors and nurses, but cleaners etc. as well as care workers in homes and in the community are probably some of the worst paid employees, yet their roles have been invaluable. Without them our efforts to contain the virus would have failed. I hope that this realization of who matters and are the important, vital people will not be lost when society is back to "normal".

One last thing, my move to Romford, on hold because of lockdown, is now possible. I am hoping that I will move at the end of July/beginning of August. I would then be able to take up the post at Northern College in time for the new academic year, and maybe by September we will be able to meet for worship in our buildings.

*Alison*

## **A prayer for the world**

God of love and hope,  
you made the world and care for all creation,  
but the world feels strange right now.  
The news is full of stories about Coronavirus.  
Some people are worried that they might get ill.  
Others are anxious for their family and friends.  
Be with them and help them to find peace.  
We pray for the doctors and nurses and scientists,  
and all who are working to discover the right medicines  
to help those who are ill.  
Thank you that even in these anxious times,  
you are with us.  
Help us to put our trust in you and keep us safe.  
Amen.

## From the Editors

This is a very different Outlook! There are no reports of events and no Dates for your Diary.

Although Alison must have been disappointed at not being able to take up her new appointment, we are very grateful for the help and guidance she has given us since lockdown began. The newsletters she has produced have been well received, and helped us to feel connected. Phone calls to everyone on our pastoral roll have reassured us that people are safe and well. It has been so lovely to hear a friendly, cheerful voice and catch up with what people are doing while staying at home.

The online church services have been inspiring for those with computers and the printed services have been helpful for those without internet access. The Elders have managed a meeting via Zoom. Some of us have joined the Zoom services that Alison has set up. Are you still saying the Lords Prayer at 10:30 each Sunday morning or lighting a Candle of Hope at 7:30 each Sunday evening?

Thank you to those who have sent us items to include in this edition. We hope to publish another magazine at the end of August; so, if you have not contributed yet, please be encouraged to share your thoughts and experiences. We will need more material by then.

We are grateful to Lawrence Bush for keeping his eye on the buildings. During lockdown, the remedial work needed after the electrical inspection, was completed.

We wait for our Church to be allowed to open, knowing that things will be different, so that we can all be alert and stay safe. As soon as the Church can be opened you will be contacted by email or telephone and given details of the arrangements.

*Judith & Tony*

## Food Bank as at the 29<sup>th</sup> May 2020

Hi Everyone

As most people will remember we had to give up trying to collect food bank items when the church had to close and then after trying to arrange collections outside the church and observe social distancing it was decided that everyone should take their donations to a supermarket but then that had to stop with the long queues from panic buying and the shortages that followed.

Finally we thought it best that everyone could make donations directly to the Food Bank as they had worked out an agreement with Morrison's whereby they could order what they needed and use our donations to pay for it.

Thinking about it, it seems like a much simpler arrangement and as far as I know, there have been no problems and no screams of help from the Food Bank.

If there is anyone who would like to donate and isn't doing so already then their website is:

<https://www.give.net/bexleyfoodbank>  
or phone: 020 8502 1100 (9am to 5pm)

*Roger*

## Lockdown Musings

Never in a million years did I think I would be keeping in touch with my lovely lady friends at Women's Hour over the phone these past few months. My weekly 'catch-ups' mean so much to me, and to know they are all well – if bored – is marvellous to hear. Everyone seems to have coped well with the restrictions and are waiting for the time when we can get together for our meetings as usual. When we do, it will be very special and probably a bit tearful as well. This year has been memorable for all of us, and I know we all appreciate life and friends far more than we have before.

This was our 99<sup>th</sup> year, so next year we reach 100 and we are going to have a centenary to remember! I miss my Ladies and our token man, and I am so thankful for their love and friendship.

I am fortunate to live in a lovely spot surrounded by trees and nature. The birds on our feeders – plus the squirrels – have been a real source of pleasure. Watching the adult birds bringing their young to see where their food comes from is lovely. The starlings are a noisy, quarrelsome bunch, but so entertaining. When we started Lockdown most of the trees were not in full leaf, but now it is green all round. I have planted seeds in my troughs and pots, and I am watching them grow with more interest than usual.

I send my love to all my friends at Emmanuel and thank Tony and Judith for the opportunity to write this for the Outlook.

*God Bless you all Marian and Michael*

## Poem for lockdown

I wandered lonely as a cloud  
Two metres from the madding crowd  
When all at once my name was called  
To enter Waitrose hallowed hall.

This was the pensioner's special hour  
I'd gone to get a bag of flour.  
But I forgot, when through the door,  
What I had gone to Waitrose for.

The Waitrose staff were extra kind.  
I told them it had slipped my mind.  
They asked what else I had forgot  
They clearly thought I'd lost the plot

I phoned my wife again to ask.  
She reminded me of this key task;  
I need some flour to bake a cake  
With all those eggs you made me take.

"Yes I recall " I had to lie.  
I dared not ask what flower to buy  
But then I saw them by the tills  
A bunch of golden daffodils.

*Provided by Maggie*

## Lockdown with a Baby

Before I had Rebecca, I couldn't really imagine what maternity leave would be like, but I definitely never thought it would be like this! As it is for everyone, life is very strange, but we are trying to make the most of the quality time we have together as a family. Like many, Daniel is working from home so he is able to enjoy more time with us than he otherwise would have.

Rebecca is now 6 months old. She is rolling around and can travel quite a distance. She is so very close to crawling and she is starting to sit unsupported for brief periods of time. We have started the exciting journey of introducing solid foods, which is going well so far, and I am enjoying the mess being made.

It is, of course, very sad that we cannot be sharing these experiences with family and friends, but I am working on my camera skills daily to capture key moments to share with them. We are lucky enough to have a garden and we are growing lots of fruit and vegetables which I am looking forward to feeding to Rebecca soon - for now we go outside each day to see how much they have grown, and she is enjoying the colourful flowers starting to bloom. We are looking forward to re-introducing Rebecca to the world as soon as it is safe to do so. After seeing family, I can't wait for our first trip to the seaside :)

*Tracey*



If we are released from Lockdown, this will be the schedule for services.

### Services for June

7	10.30am	Songs of Praise	
14	10.30am	P Thornton	Family & Parade
21	10.30am	Mrs Val Loader	
28	10.30am	Mr David Ball	

### Services for July

5	10.30am	Mr Martin Leonard	
12	10.30am	Rev Juliet Ushewokunze	Communion
19	10.30am	Mr John Twidale	
26	10.30am	Songs of Praise	

### Services for August

2	10.30am	Mr David Ball	
9	10.30am	Mrs Val Loader	
16	10.30am	Mr Martin Leonard	
23	10.30am	Mr David Ball	
30	10.30am	Circuit Service	At Orpington



## Staying at Home

How different life has been since the government ordered us all to be in lockdown and stay at home. As people in the 'at risk' age group, it meant that we wouldn't be able to go out and take part in our usual activities and commitments. Yet with the advances in modern technology it is amazing what we have been able to do.

We haven't been able to go to the Church but we have been able to worship via computer links or television and radio. I have enjoyed seeing familiar faces leading the circuit's online services. What a good job the circuit team have done for us!

The Zoom services, which Alison kindly scheduled, were inspiring, and being able to share worship with the Pastorate congregation was very satisfying. The suggestion to repeat The Lord's Prayer at 10.30 each Sunday morning has created a feeling of togetherness which has been a great comfort.

We have missed folk dancing each Monday evening but e-mails have kept us in touch with other dancers and what they are doing. One of our callers is investigating new dances for us to learn when we return. No doubt dancing will be one of the last activities to start again.

I rather think we have been to the theatre far more often than usual. The National Theatre have provided some wonderful productions. The Cirque Du Soleil has streamed some awe-inspiring performances as an escape from the stress and anxiety of this pandemic.

I have missed meeting my quilting friends but I have used the opportunity of all this time to finish projects that have been ongoing for ages, as well as starting to embark on new ideas. I have knitted a cardigan and a child's jacket, and am halfway through making an Arran sweater.

Jacob has ensured that we have all had exercise. Tony has taken him in the morning and I have done the afternoon walk. Starting to feel bored with the local parks we have gone further afield. It has been glorious walking in the Lullingstone countryside at 8 a.m.



Work in the garden has taken up many hours but although it looks great, every time I walk round the borders I seem to find another weed has sprung up! The roses are magnificent and the fruit is ripening so we are looking forward to the harvest. It really looks the perfect

setting for a garden party but, although I have done some baking, it's nowhere near enough to issue an invitation this summer.

A planned family weekend in Yorkshire became a Zoom coffee morning, and we were able to see our relations and catch up on family news.

Tony has been busy painting window frames. That was a long overdue task, but thanks to B&Q's click and collect he was able to get the materials he needed. The conservatory and front porch window frames are much improved.

I don't think I have ever made so many telephone calls as I have during lockdown, but it has been lovely to hear familiar, friendly voices and know that everyone was safe and well.

Jacob and I have missed our weekly PAT visits to the nursing home. It has been good to see Freda looking well at St. Margarets. She has come to the open window to have a few words and has always been delighted when Jacob has accompanied me.

That is some of what Tony and I have been doing over the last 12 weeks. We are thankful to be safe and well and we look forward to the day when we can visit our beloved Cumbria again. As soon as the word is given we will be off!

*Judith*



**Emmanuel Church Messy Church!!**  
**Will not be functioning for the foreseeable future**  
"Contact: [rogerlatch@btinternet.com](mailto:rogerlatch@btinternet.com) 020 8300 5758"

## **Covid-19 Special 29<sup>th</sup> May 2020**

It seems a very long time ago that we had our last Messy Church Meeting in the church hall and I think it is going to be a long time until the next time, unless we can have a meeting allowing for social distancing. I would appreciate any ideas. My only thought was that we could just invite a selected number of families but I don't think that would be fair.

I started off when lockdown started emailing out quizzes, tasks and things to colour in for the children 3 or 4 times a week but the feedback was not encouraging and I soon ran out of enthusiasm so I must admit that I only do so now every 2 – 3 weeks. It is so difficult to decide what to send out with such a range of ages and not everyone has a printer. I need some inspiration.

Fortunately the weather has been wonderful and I am sure most of our lovely messy families have been able to get out in the sunshine. I am thankful that I have a garden and can lose myself in planting out lots of vegetables which I have started from seed, but I feel dreadfully sorry for those people who live in flats without even a balcony, especially those with young families.

I do miss seeing all our wonderful Messy Angels and hope that they are all fit and well and enjoying life without constant nagging about the next craft table ideas – what a fantastic team they are – it never ceases to amaze me how kind, loving, ingenious and generous they all are and the way that all our Messy Meetings always turned out to be a great success.

*Roger*

## URC nominates new Moderator for its Southern Synod

**The Revd Bridget Banks has been nominated as the next Moderator of the Southern Synod of the United Reformed Church (URC).**

The Synod's moderator post has been vacant since November 2019, when the



Revd Nicola Furley-Smith became the URC's Secretary for Ministries. The Nominating Group acting on behalf of the Church interviewed for the post on 15<sup>th</sup> May and is pleased to say that Bridget, who is currently the Minister of Crawley URC, has accepted the nomination.

Bridget said: "I feel rather nervous and yet proud to lead the Synod at this challenging time. I aim to support ministers and churches through this change and with the Synod, provide excellent resources for every church. We have the opportunity to find new ways of being church, to dream dreams and explore the new technology. I think the next seven years will be very exciting."

Born in 1965 in Cuckfield in Sussex, Bridget trained and worked in nursing, midwifery and research contracts for the Department of Health, and then community development while doing her training at Southern Theological Education & Training (STETS) in Salisbury in 2002.

Bridget was ordained into Christ Church and Trinity URC in Crawley in 2006, and in 2010 the churches united. She has worked with Southern Synod for the past nine years which has included fulfilling roles as the Convener of the Local Church Leaders Advisory Group, Convener of Ministries, and for the past six months as shared moderator duties with the Revd George Watt.

Speaking highly of Bridget, Bill Young, Convener of the Nominating Group, said: "The interview group was impressed by Bridget's pastoral skills, by the insight she brings to ministry from previous professional work, and by her strong contributions to church life at Crawley and more widely, not least in those Moderator duties that she has covered for Southern Synod during the months of vacancy. She will be a perceptive leader for the Synod and a supportive pastor – amid the strains and sorrows of the moment, in the restoration and potential reshaping of church life that is ahead, and in the longer-term vision, management, nurture and care that our people ask of a Moderator."

When not at work, Bridget's two cats, Monty and Daisy, keep her busy and she loves dining with friends, lying on a beach with a novel and driving around wherever she goes on holiday.

A recommendation will now be brought to General Assembly in July (or if Assembly cannot meet, to an alternative decision-making group) that this nomination be ratified as a formal decision of the URC.

It is hoped that Bridget will start her new position on 1<sup>st</sup> September for an initial period of seven years.

## Find the Books of the Bible.

*Can you find the names of sixteen (16) books of the bible hidden in the paragraph below?*

I once made a remark about the hidden books of the bible (merely by a fluke). It kept people looking so hard for the facts and for others it was a revelation. Some were in a jam, especially since the name of the books were not capitalized, but the truth finally struck home to numbers of readers. To others it was a real job. We want it to be a most fascinating few moments for you. Yes, there will be some really easy ones to spot. Others may require judges to help them. I will quickly admit it usually takes a minister to find one of them, and there will be loud lamentations when it is found. A little lady says she brews a cup of tea so she can concentrate better. See how well you can compete. Relax now.

*There really are sixteen names of books hidden in this story.*

*Answers at the back of the magazine*

*Maggie*



## Lockdown Needlework

These have kept me busy.

While I've been in lockdown at home I've enjoyed doing my needle crafts, in my garden, in this lovely weather we been having (hot & sunny).

*Cathy Hollingum.*

**Revised Common Lectionary**

<b>Liturgical</b>	<b>Calendar</b>	<b>First Reading</b>
1st Sun after Pentecost	Jun 7	Genesis 1:1-2:4a, Psalm 8
2nd Sun after Pentecost	Jun 14	Genesis 18:1-15, (21:1-7), Psalm 116:1-2, 12-19
3rd Sun after Pentecost	Jun 21	Genesis 21:8-21, Psalm 86:1-10, 16-17
4th Sun after Pentecost	Jun 28	Genesis 22:1-14, Psalm 13
5th Sun after Pentecost	Jul 5	Genesis 24:34-38, 42-49, 58-67, Psalm 45:10-17 or Song of Solomon 2:8-13
6th Sun after Pentecost	Jul 12	Genesis 25:19-34, Psalm 119:105-112
7th Sun after Pentecost	Jul 19	Genesis 28:10-19a, Psalm 139:1-12, 23-24
8th Sun after Pentecost	Jul 26	Genesis 29:15-28, Psalm 105:1-11, 45b or Psalm 128
9th Sun after Pentecost	Aug 2	Genesis 32:22-31, Psalm 17:1-7, 15
10th Sun after Pentecost	Aug 9	Genesis 37:1-4, 12-28, Psalm 105: 1-6, 16-22, 45b
11th Sun after Pentecost	Aug 16	Genesis 45:1-15, Psalm 133
12th Sun after Pentecost	Aug 23	Exodus 1:8-2:10, Psalm 124
13th Sun after Pentecost	Aug 30	Exodus 3:1-15, Psalm 105:1-6, 23-26, 45b

The full Lectionary can be accessed on line at  
<https://lectionary.library.vanderbilt.edu/lections.php?year=B&season=Lent>  
Make sure you get the correct year

**Revised Common Lectionary**

<b>Psalm Reading</b>	<b>Second Reading</b>	<b>Gospel Reading</b>
	2 Corinthians 13:11-13	Matthew 28:16-20
Exodus 19:2-8a, Psalm 100	Romans 5:1-8	Matthew 9:35-10:8, (9-23)
Jeremiah 20:7-13, Psalm 69:7-10, (11-15), 16-18	Romans 6:1b-11	Matthew 10:24-39
Jeremiah 28:5-9, Psalm 89:1-4, 15-18	Romans 6:12-23	Matthew 10:40-42
Zechariah 9:9-12, Psalm 145:8-14	Romans 7:15-25a	Matthew 11:16-19, 25-30
Isaiah 55:10-13, Psalm 65:(1-8), 9-13	Romans 8:1-11	Matthew 13:1-9, 18-23
Wisdom of Solomon 12:13, 16-19 or Isaiah 44:6-8, Psalm 86:11-17	Romans 8:12-25	Matthew 13:24-30, 36-43
1 Kings 3:5-12, Psalm 119:129-136	Romans 8:26-39	Matthew 13:31-33, 44-52
Isaiah 55:1-5, Psalm 145:8-9, 14-21	Romans 9:1-5	Matthew 14:13-21
1 Kings 19:9-18, Psalm 85:8-13	Romans 10:5-15	Matthew 14:22-33
Isaiah 56:1, 6-8, Psalm 67	Romans 11:1-2a, 29-32	Matthew 15: (10-20), 21-28
Isaiah 51:1-6, Psalm 138	Romans 12:1-8	Matthew 16:13-20
Jeremiah 15:15-21, Psalm 26:1-8	Romans 12:9-21	Matthew 16:21-28

**Cradle Roll**

Maya Harper Duguid will be 3 on Aug 5<sup>th</sup>  
Happy birthday Maya !

## Thoughts from the Lockdown

I am writing this on May 24<sup>th</sup>. I have looked at my calendar and see that I last went out socially on March 11<sup>th</sup> although I possibly went shopping a few days later. It doesn't seem possible that the last 10 weeks have been spent at home without visitors. I wonder if anyone else has noticed how quickly the time has passed, particularly as we do very little. I am sure many of us have found that the days merge into each other and with no structure to our week I lose track of the date as well as the day. Since being confined to home I realise how busy our lives had become. The first week at home I felt very anxious, worried about my family and how we would cope, but later I realised how much more relaxed we were and with Classic FM on the radio all day we became very calm. Our days soon became a new routine of some household tasks and then we read, did puzzles, stitching (me) and Peter practising his putting in the lounge. I have spent a lot of time thinking about the things I should do. I have made a token gesture and tidied some cupboards, done some shredding and sorting out but soon realised I didn't want to do any more, and would rather read or stitch. Of course, one overpowering obsession has been getting a delivery date from Tesco. It has consumed a lot of my thoughts and time. Fortunately we have had help from our young neighbours, and my son and daughter-in-law have come every week with supplies and we are so grateful for this. We have been watching the Sunday services on BBC and some of the circuit video services and have enjoyed all these very much.

We are also thankful for technology. We have been able to speak to family and friends a lot and I have finally conquered Zoom so we join our family for a quiz night every week, so lovely to see them all. It seems that households all over the country are quizzing so by the time we go back to normal we shall all be able to take on the Eggheads. If only I could remember the answers to the questions! And with all baking ingredients as rare as hen's teeth it seems we are a nation of cake makers. Of course we have had moments of mild panic, like when the washing machine refused to unlock and release the washing. It has involved a lot of scrabbling around on knees but feel we can tackle this again. Then suddenly only one hotplate worked on the hob and I had visions of concocting menus that only used one pan but after a day of fiddling it mended itself. Relief! I have been dreading a dental crisis but ok so far and although the lens fell out of Peter's glasses he managed to get it fixed.

Our neighbours further down the road set up a WhatsApp group and nearly the road has joined in, it has been very interesting and informative. Notes are posted regarding things like shopping, bin collections and anything anyone thinks might be useful. Our Thursday claps have turned into a musical evening with 2 guitarists and a singer, there is also a little girl of 8 who plays a different instrument each week and has collected quite a large sum for the NHS. VE day turned into a real celebration. Lots of houses (including ours) were dressed with flags and bunting and most people wore red, white and blue. We all had afternoon tea in our front gardens and socialised (responsibly of course). A great day.

Of course we have all had a great deal of time to think and I have realised that a lot of what I suspected about myself is actually true; that I don't mind being at home or on my own (not all the time), that I worry about things that do not matter and that, I am ashamed to say, I find it easy to shut my eyes to jobs I do not want to do. But I have always known how fortunate we are, particularly now. We have enough room indoors to have our own space, we have a garden to sit in, enough money to pay the bills and are

healthy. We have a wonderful caring family and lots of good friends and have so far evaded the virus. What the future holds for us all is unknown but although it might seem a bit scary I am sure we will all come through it in the end and eventually will be able to see our families and friends again.

*Jenni Thornton*

## Pastoral News

Congratulations to Morgan Rees who has qualified as a dentist. He can't have a graduation ceremony or a big celebration because of the coronavirus, but he will be starting his dream job in September. His grandfather Dave Dunster would be so proud to have Dr Rees in the family.

Congratulations to Maryia and Keith Long on the birth of their first grandchild, Madeleine Isobel, daughter of James and Kat Long. James was a member of 'the Gang' before he went to university. Maryia and Keith are eagerly looking forward to meeting Maddy as soon as lockdown is eased enough.

We were saddened to learn of the death of Ian Spinks, husband of our Deacon Maureen. Maureen and her daughter, Deborah, and the whole family continue to be in our thoughts and prayers. We are sure the family must have been strengthened by all the lighted candles at the time of Ian's service.

Dorothy Limeburner, who loved to come to church and the Women's Fellowship regularly before she became ill, died on 19<sup>th</sup> April following a fall in her flat. Dorothy had been unable to worship with us for a considerable time, and we had missed her.

Sadly, Valerie Moore died on the 4<sup>th</sup> of May. Her funeral, which will be a burial, will be at Plumstead Cemetery on 19<sup>th</sup> June at 1.00pm. Valerie was a loyal member of the Women's Fellowship and a willing helper at fund raising events.

We were sad to hear that Josie Corcoran had died in Northbourne Court. Her funeral was on 2<sup>nd</sup> April.

We continue to remember Sid Howlett. He has had a difficult time during lockdown, with two spells in hospital. It is good to know that he is now at home and gradually improving. Maureen has been a great source of comfort and strength to him. Pray for them both.

Our thoughts are with Doreen Still. Her eldest sister, Joan, died after some years living with dementia.

Ruth Dunster spent a few days in hospital with a shoulder problem but, with rest, is feeling much better.

Remember Iris Wood who is supported at home by carers and her son.

It is good to hear that Phillip Willson has completed his treatment and is feeling well.

We keep in our thoughts people who are in care homes: Lorna New and Freda Skinner, both in St. Margaret's. Several people have been able to talk to Freda through her bedroom window, and she seems very well and settled in her new home.

We received a letter from John Russell in Dorset, thanking us for a copy of Outlook. He is moving into a flat and sadly, Frances, suffering from dementia, has become resident in a local nursing home. John and Frances were once members of Emmanuel, and have often sent contributions for Outlook about church life in Dorset. Our thought and God's blessing is with both of them.



## Worship On Line

There are short acts of worship every fortnight on Wednesday evenings at 7pm until Alison leaves. The next will be on 17<sup>th</sup> June. They are hosted on Zoom and the joining instructions are:

Join Zoom Meeting. Use a web browser and go to:  
<https://us04web.zoom.us/j/74992452654?pwd=cnRtRFhRNG1Fa2cxUU9Oa25zeU8rQT09>

Meeting ID: 749 9245 2654

Password: 975316

Without a computer, it is possible to join using a landline phone.

Dial 0131 460 1196. When asked: Enter the meeting ID on your keypad, followed by #

When asked to enter the unique ID: simply input # (This skips this stage)

When asked:, Enter the meeting password followed by #

## Scouting in Lockdown

During lockdown 3<sup>rd</sup> Sidcup Scout Group has been keeping busy with challenges towards badges and camping at home. We joined Virtual International Camp #CampAtHome, that had 95,000 members across 68 different countries setting a record for the largest sleepover. In the works, the group are holding our very own virtual camp on 27<sup>th</sup> June, the date when the Cubs would have been enjoying their yearly camp.

We are all missing our face to face meetings and can't wait to start meeting in person again.

Stay Safe,

*From all at 3<sup>rd</sup> Sidcup Scout Group*



## Guides in Lockdown

### My VE Day

I was asked to send you some pictures of my VE Day celebrations.

I decided to use an old curtain to paint a picture of a soldier in the WW1.

We had a social distancing street party with all of our neighbours, and then my sister and I made a make shift tent to sleep in.

I had an amazing time.

*kind regards,  
Charley.*



### Sleepover at Home for VE Day

On VE Day our Street had a party, everyone sat in their front gardens and during the afternoon neighbours walked past to say hello.

When the party finished, I got ready to camp and had s'mores and a BBQ for tea. As some of the neighbours were still partying late, we could hear music! It was very cold but worth it!

I really enjoyed it.

*Zoe 4th Sidcup*

I believe s'mores are sandwiches made of marshmallow and chocolate between biscuits. *Ed*

## Sniffing to Detect Coronavirus

Dogs have an amazing sense of smell, which, with a government grant of £500,000 and the expertise of Durham University and researchers at the London School of Hygiene & Tropical Medicine (LSHTM), the charity Medical Detection Dogs believes has the potential to detect COVID-19. It has already been proved that dogs can accurately detect the odour of human diseases, like Cancer, Parkinson's disease, Malaria and Diabetes. Over the past 12 years, Medical Detection Dogs' commitment to scientifically rigorous research has established a strong evidence base and transformed the understanding of canine olfactory ability.

A dog's incredible sense of smell is thanks to the complex structure of its nose, which contains over 300 million scent receptors, compared to 5 million in a human. This means they have an incredible ability to detect odours, and are the best biosensors known to man which, combined with their ability to learn, makes them perfect for detection dogs. They are already commonly used to detect odours associated with drugs, explosives, and food, and research has shown they can detect the odour of disease with high levels of accuracy.

LSHTM will collect COVID-19 samples from NHS hospitals on face masks and nylon socks worn by people known to be infected. The virus will then be de-activated before the samples are used to train the dogs. Samples will also be collected from uninfected people for use in double blind trials to prove the effectiveness of the dogs.

The aim is that the COVID-19 detection dogs will be able to passive screen, i.e. without physical contact, any individual, including those who are asymptomatic, and indicate to dog handlers whether they have detected the COVID-19 virus. This will then be confirmed by a medical test.

If our research is successful, COVID-19 detection dogs could be deployed to screen large numbers of people in public places, such as airports and sporting events. Once trained, detection dogs could provide a rapid non-invasive screening for COVID-19. A single dog can screen up to 250 people per hour.

The welfare of Medical Detection Dogs is taken extremely seriously. There is a strict 'no kennel' policy and all dogs live in the homes of staff or fantastic local volunteers where they are loved and cared for as part of the family.

In the study, the dogs will not be exposed to any infected people or materials. There is scientific evidence that shows dogs are not susceptible to the virus so if the dogs were to come into contact with an infected person, there is a very low risk to them.

As the dogs will be working with samples that don't contain live virus, the charity believes the risk to their trainers and fosterers to be minimal. Nevertheless, there is a strict protocol to minimise any risk there might be, which involves socially distanced handover of dogs by their fosterer, changing collars and leads between fosterer and the training centre, and cleaning dogs on arrival and departure. Strict procedures will be followed when dogs are deployed, which will follow best practice and veterinary advice.

If you would like to read more about the work of the charity, go to [www.medicaldetectiondogs.org.uk/sniff\\_magazine](http://www.medicaldetectiondogs.org.uk/sniff_magazine) where you can read some wonderful stories.

Six dogs have been selected for the initial trials.

*Judith*

## Six noses that we hope will detect COVID-19.



The love we feel for our pets is incredibly special, but after two decades working with animals, I believe it pales in comparison to the love they have for us.

*Prof Noel Fitzpatrick (the Super-vet)*

## What I have noticed during the Virus Lockdown

Over the past couple of months during lockdown it has been obviously very much quieter with less road traffic and much reduced air traffic but, is it me, or is the sky so much bluer than usual? Perhaps I have just got a bit more time to notice things, but other people agree with me that the sky is definitely a much more brilliant blue, perhaps because of less pollution in the atmosphere.

The noise of background road traffic and aeroplanes thundering overhead has been replaced by the hypnotic sound of all the different kinds of bees, large and small, and other flying insects buzzing around pollinating all the flowers, which seem to be doing much better this year, and the butterflies – wow! I have never seen so many and varied varieties too. The other thing that I have noticed is the sound of birds singing, especially first thing in the morning – the dawn chorus with less competition from traffic noise. Has anybody else noticed that with less traffic fumes one can actually smell all the plants and trees in the garden or when you go for a walk?

Covid 19 is obviously a dreadful thing but there have been some benefits for our environment and our wonderful wildlife, and I hope that the *worldwide powers that be* take note and make every effort to not allow pollution to climb back to its previous dangerous level.

*Roger*





## Evergreen Telephone Befriending Service

If you would like to hear A Friendly Voice throughout the week please let us know, and we will ask one of our Telephone Befrienders to call you on a regular basis.

You can also let them know if you need any practical support

## Home Support Service

Do you need assistance with

Domestic, Laundry, Shopping or meals?

Would you like a Well-Being visit for that Peace of Mind?

This is a Monday to Friday service for Older People which offers your own regular Home Support Worker.

## Trusted Trades and Professionals

We have a Large Database of Trusted Trades & Professionals Based on Recommendation & Feedback

To help Ensure you receive a Reliable and Quality Service  
So don't leave it to chance.

Please contact us on

01322 431 765

For more information

[info@evergreencarebexley.org](mailto:info@evergreencarebexley.org)

[www.evergreencarebexley.org](http://www.evergreencarebexley.org)



## OUR BOOK OF REMEMBRANCE

### JUNE

Nancy Mary Martin	1980
Esme Muriel Heath	1989
Raymond Edwin John Heath	1990
David Victor Martin	1990
John Treacher	1981
Eleanor Caroline Norman	1986
Ethel Louise Davies	1988
Dorothy Harris Kelley	1988
Harold Gerrard Kelley	1988
William John Baker	1980
Henrietta Millward	1992
Leonard George Griffiths	2002
Kenneth Greenway	2004
Georgina Griffiths	2006

### JULY

Arthur Cecil Morton-Hooper	1969
Emily May Kearsley	1973
Percival Charles Gibbs	1977
Edith Elizabeth Newman	1983
W. Arthur Young	1984
William T. Rippon	1987
Gilbert Greenway	1967
Gertrude Greenway	1980
Raymond Greenway	1971
Thomas Lenard Allen	1972
Frederick Sydney Morley	1989
Colin Vaughan	2001
Ronald Sidney Hall	2001
Dorothy Brawn	2004
Andrew John Mulliss	2008

### AUGUST

Henry Carl Osborne	1965
Elizabeth Edith Osborne	1980
Amelia Emma Long	1998
Doreen Ida Blades	2001
David Oatridge	2010

(David's name will be found in the Book of Remembrance  
below his wife Margaret's entry in December)

## In the Time of Pandemic

And the people stayed home.  
And they listened,  
And read books,  
And rested,  
And exercised,  
And made art, and played games,  
And learned new ways of being,  
And were still.  
And they listened more deeply.  
Some meditated, some prayed, some danced.  
\* Some met their shadows.  
And the people began to think differently.  
And the people healed.  
And, in the absence of people living in ignorant,  
Dangerous, and heartless ways,  
The earth began to heal.  
And when the danger passed,  
And the people joined together again,  
They grieved their losses,  
And made new choices,  
And dreamed new images,  
And created new ways to live  
And heal the earth fully,  
As they had been healed.

\*\* History repeats itself. I came across this poem, written in 1869 by  
Kathleen O'Mara. *Maggie*

\*\* This poem appears widely on the web with minor variations, with the above  
attribution.

The Reuters Fact Check Team declare that the poem was written by Catherine  
(Kitty) O'Meara, a retired teacher in Madison, Wisconsin in March 2020. It can be  
found on her blog.

<https://the-daily-round.com/2020/03/16/in-the-time-of-pandemic>.

An explanation of 'Some Met Their Shadows' appears in her June 2020 blog.

*Ed*

## Free White Goods

Dear Reverend Davis,

Hoping you are well and looking forward to some semblance of normality soon  
re. opening for private Prayer at Emmanuel. Please see attached photos of our aunt's  
nearly new oven and fridge. She has been moved into a care home and these items have  
to be redistributed. Do let me know if your Church Hall or somebody else less fortunate  
is in need of them. I can deliver if necessary. The oven is 9kw and barely used.

*Many Blessings*

*Laurence Williams - Sidcup*



### Please Note

The closing date for copy for the **Sep / Oct / Nov** Outlook  
will be Thursday 20<sup>th</sup> Aug

Earlier contributions will be welcomed.

*Tony Howard*

[Emmanuel.church.outlook@gmail.com](mailto:Emmanuel.church.outlook@gmail.com)

### Find the Books of the Bible. (answers)

I once made a remark about the hidden books of the bible (merely by a **fluke**). It  
kept people **looking so** hard for the **facts** and for others it was a **revelation**. Some were  
in a **jam**, especially since the name of the books were not capitalized, but the **truth**  
finally struck home to **numbers** of readers. To others it was a real **job**. We want it to be  
**a most** fascinating few moments for you. **Yes, there** will be some really easy ones to  
spot. Others may require **judges** to help them. I will quickly **admit it usually** takes a  
minister to find one of them, and there will be loud **lamentations** when it is found. A  
little lady says **she brews** a cup of tea so she can concentrate better. See how well you  
can **compete**. **Relax now**.

*Maggie*



## Weekday Activities

Monday	2. 00pm	Woman's Hour (except Bank Hols)
	5. 45pm	3 <sup>rd</sup> Sidcup Beavers
	6. 30pm	3 <sup>rd</sup> Sidcup Cub Scouts
	7. 30pm	3 <sup>rd</sup> Sidcup Scouts
Thursday	10. 00am	Ladies Morning Club
Friday	10. 30am—noon	Coffee Morning
	1. 30pm	Parents & Toddlers Club
	4. 45pm	6 <sup>th</sup> Sidcup Rainbows
	6. 00pm	6 <sup>th</sup> Sidcup Brownies
	7. 30pm	4 <sup>th</sup> Sidcup Guides



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